MINUTES OF HEALTH AND WELLBEING BOARD MEETING - THURSDAY, 9 NOVEMBER 2017

Present:

Councillor Cain, Cabinet Secretary (Resilient Communities), Blackpool Council

David Bonson, Chief Executive Officer, Blackpool Clinical Commissioning Group
Diane Booth, Director of Children's Services, Blackpool Council
Councillor Clapham, Opposition Group Member, Blackpool Council
Councillor D Coleman, Cabinet Assistant (Resilient Communities), Blackpool Council
Councillor Collett, Labour Group Member, Blackpool Council
Roy Fisher, Chairman, Blackpool Clinical Commissioning Group
Dr Arif Rajpura, Director of Public Health, Blackpool Council

In Attendance:

Lennox Beattie, Executive and Regulatory Support Manager
Stephen Boydell, Principal Public Health Intelligence Practitioner
Nicky Dennison, Senior Public Health Practitioner
Lynn Donkin, Blackpool Council, Public Health.
Chief Superintendent Nikki Evans, Lancashire Constabulary
Steve Winterson, Engagement and Partnerships Director, Lancashire Care NHS Foundation Trust

Apologies:

Dr Amanda Doyle, Chief Clinical Officer, Blackpool Clinical Commissioning Group
Phil Jones, Area Group Manager, Lancashire Fire and Rescue Service
Dr Leanne Rudnick, GP Member, Blackpool Clinical Commissioning Group
Karen Smith, Director of Adult Services, Blackpool Council

1 DECLARATIONS OF INTEREST

There were no declarations of interest on this occasion.

2 MINUTES OF THE LAST MEETING HELD ON 19 APRIL 2017

The Health and Wellbeing Board considered the minutes of the last meeting held on 19 April 2017.

Resolved:

That the minutes of the meeting held on the 19 April 2017 be approved and signed by the Chairman as a correct record.

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3 PUBLIC HEALTH ANNUAL REPORT 2016

Dr Arif Rajpura, Director of Public Health, presented his independent assessment of local health needs, determinants and concerns for 2016, the report being the ninth annual assessment produced by Dr Rajpura in his role as Blackpool's Director of Public Health.

Dr Rajpura explained that the report had community resilience as its central theme linked to the Council Plan and presented a selection of work and initiatives relevant to the topic. The report outlined areas including vaccine coverage emergency preparedness arrangements and NHS Screening Programmes. The report highlighted under the theme of health promotion the promotion of good mental health in terms of initiatives such as Better Start and HeadStart and actions which had led to reductions in smoking and the Healthy Weight Strategy. The healthcare section concentrated on the opportunities for improving public health offered by the NHS-led Fylde Coast New Models of Care programme, transforming mental health services, strengthening public health services for 0-5 year olds, and the NHS Health Check Programme. The report emphasised the need to deliver a wider system for building resilience and ensuring that the range of activities undertaken by a range of organisations and partners to promote the objective of increased community resilience, had clear lines of accountability.

Resolved:

1. To receive the Public Health Annual Report 2016 (attached at Appendix 3a, to the agenda).

2. To note the recommendations made in the report and request that they be forwarded to the Public Services Board and the Vanguard New Models of Care System for their consideration to ensure that the key action of to bringing together and coordinating the activities across the local system.

4 HEALTH AND WELLBEING STRATEGY UPDATE

The Board received from Dr Arif Rajpura, Director of Public Health, the second six-monthly update to the Board on progress in delivering the actions in the Health and Wellbeing Strategy and to provide an update on the performance indicators.

The Board was reminded of the priorities namely housing, substance misuse including alcohol and tobacco, reducing social isolation and building community resilience, and early intervention.

Dr Rajpura highlighted the good progress made in terms of childhood obesity through the Healthy Weight Strategy dealt with elsewhere on the agenda.

He then highlighted progress in terms of alcohol abuse, particularly that nationally and locally, the number of persons had seen a downward trend.

Dr Rajpura then highlighted the issue of self-harm in young people and explained that there had been a number of developments looking to address children and young people's emotional health and wellbeing including:

- CASHER (Child and Adolescent Support and Help Enhanced Response) out of hours support for young people that were self-harming
- Duty hours (for emergency paediatric psychosocial assessments) extended until 4:40pm – CASHER on duty at 5:00pm
- CAMHS extended opening until 7pm twice a week

Dr Rajpura emphasised the issues regarding breast feeding and smoking in pregnancy. He explained that it was intended to address this issue in all contacts and by genuine peer support.

Dr Rajpura highlighted the revised Public Health dashboard which compared Blackpool with the most similar authorities for a more correct comparison.

Resolved:

To note the six-monthly update on the Health and Wellbeing Strategy.

5 HEALTHY WEIGHT STRATEGY UPDATE

The Board received an update on the previously agreed Healthy Weight Strategy.

A Healthy Weight summit had been held in February 2017 to encourage organisations to follow the Council's lead and develop their own declaration on Healthy Weight. Following the event over 20 organisations, including Health and Wellbeing members, had pledged to develop their own declaration. Since the event, Blackpool Teaching Hospitals had become the first NHS organisation to sign a declaration on Healthy Weight. Subsequently, a further two summits had been held in June and October, for organisations to share and update on the work they were undertaking on the healthy weight agenda. The approach had been endorsed by Food Active and in addition the "Give up Loving Pop" (GULP) agenda had been endorsed by the United Kingdom's Chief Dental Officer.

The Board noted the progress in schools towards reducing childhood obesity notably by the following initiatives:

- Free School Breakfasts with an evaluation which concludes the scheme is contributing to healthy preference learning and international evidence that regular, healthy breakfast habits were associated with reduced likelihood of obesity
- Walk to school project in 28 primary schools
- Fit2Go in Year 4 across 33 schools
- Sport for Champions programme in Year 6
- Give up Loving Pop (GULP) campaigns
- Daily Mile in a small number of schools
- School Nurses offered weight management/monitoring support and onward

referral
- Making Changes programme – child and family weight management programme

The results of these had been reflected in the most recent National Child Measurement Programme data. The national average for 2016/17 is 22.6% of children in Reception and 34.2% in Year 6 are overweight or obese compared to the Blackpool figure of 25.7% in Reception and 34.3% in Year 6. This meant Blackpool Reception children are slightly more likely to be overweight or obese than the national average, but the Year 6 figure was in line with the national average.

Resolved:

To note the updates on progress on Healthy Weight Strategy and the Local Authority Declaration on Healthy Weight and the 2016/17 National Child Measurement Programme data.

6 BLACKPOOL DRUG STRATEGY 2017-2020

Dr Rajpura presented the Board with the Drug Strategy 2017-2020 which outlined the future direction and action plan for tackling substance misuse in the town.

The strategy had been developed in conjunction with the Health and Wellbeing Strategy. The overarching vision of the strategy was "Together we will make Blackpool a place where all people can live, long, happy and healthy lives" and substance misuse had been highlighted as a key priority.

The overall aim of the strategy was to prevent drug misuse, reduce the negative impact it had on Blackpool and build resilience by creating a supportive environment for individuals and communities to rebuild their lives. Dr Rajpura stated that it would be achieved by the following key action areas:

- Educating young people
- Preventing harm to individuals
- Building recovery
- Preventing harm to the community
- Keeping children safe and rebuilding families
- Building community and increasing engagement and inclusiveness in Blackpool

Resolved:

To approve the Drug Strategy 2017-2020 and action plan as attached at Appendix 6a, to the agenda.

7 PAN-LANCASHIRE PHARMACEUTICAL NEEDS ASSESSMENT

The Board noted that the Pan-Lancashire Pharmaceutical Needs Assessment Steering Group had been meeting for the last nine months to undertake research in order to prepare the publication of a new Pan-Lancashire Pharmaceutical Needs Assessment in April 2018.

It was noted that a public consultation on the draft document would be launched at the beginning of December 2017.

Resolved:

1. To note the progress made so far in the production of a new Pan-Lancashire Pharmaceutical Needs Assessment 2018 -2021.

2. To note that the formal 60-day public consultation period will commence in early December 2017.

3. To agree to receive an update on responses to the comments and feedback received as a result of the 60-day consultation and formally approve the Pan-Lancashire Pharmaceutical Needs Assessment 2018 -2021 at a future meeting.

8 FORWARD PLAN

The Board agreed that subsequent to the meeting, the Chairman would develop a forward plan and a draft calendar of meetings for approval at the next meeting.

9 DATE OF FUTURE MEETINGS

The Board agreed that subsequent to the meeting, the Chairman would develop a forward plan and a draft calendar of meetings for approval at the next meeting.